

# Native Trees for Birds

During migration, birds need high lipid fruits to help them fuel up for their long journey. High lipid fruits are fruits that contain a lot of fatty compounds. Below find the top 10 most popular and compatible trees with high lipid fruits to attract and support migratory birds for the City of Wilmington, developed by the Wilmington Tree Commission. Information arranged from the Arbor Day Foundation, NC State Extension Gardener, and Commissioner expertise.



## Rutgers Dogwood

**Scientific name:** *Cornus florida* hybrid

**Average Height:** 20-40 ft

**Notes:** Hybrid resistant to disease; white or pink flowers; fall colors



## Eastern Mayhaw

**Scientific name:** *Crataegus aestivalis*

**Average Height:** 15-30 ft

**Notes:** White flower; red fruit



## Parsley Hawthorn

**Scientific name:** *Crataegus marshallii*

**Average Height:** 15 - 30ft

**Notes:** Wet to dry soils; parsley shaped leaf



## Big-Leaf Magnolia

**Scientific name:** *Magnolia macrophylla*

**Average Height:** 20-40 ft

**Notes:** 10-12" leaves; red fall color



## Water Tupelo

**Scientific name:** *Nyssa aquatica*

**Average Height:** 60-100 ft

**Notes:** Wet, swampy soil; red fall color; blue-purple fruit



## Black Gum

**Scientific name:** *Nyssa sylvatica*

**Average Height:** 20-35 ft

**Notes:** Moist to dry soil; early red leaves



## American Plum

**Scientific name:** *Prunus americana*

**Average Height:** 25-30 ft

**Notes:** Moist to dry soil; white flowers; edible red fruit



## Staghorn Sumac

**Scientific name:** *Rhus Typhina*

**Average Height:** 15-25 ft

**Notes:** Large red fruit; orange, red, and purple fall colors



## Common Sassafras

**Scientific name:** *Sassafras albidum*

**Average Height:** 20-50 ft

**Notes:** Dry soil; highly aromatic; used in teas; 3 leaf types; nice fall color



## Blackhaw

**Scientific name:** *Viburnum prunifolium*

**Average Height:** 12-20 ft

**Notes:** Dry soil, sun to shade; creamy, flat-topped flowers; blue fruit; red-purple fall color



We encourage you to call local nurseries to determine if they have native plants in stock as not all businesses are able to stock these plants and some may only be available in certain seasons.

