



**SATURDAY, FEBRUARY 8TH, 2025**  
**KURE BEACH OCEAN FRONT PARK, 105 ATLANTIC AVE, KURE BEACH**

## Polar Plunge Schedule of Events

- 11:00 am** Gates open. Enjoy live music, DJ, silent auction, raffle, costume contest, food & much more!
- 11:00 am** On-site Registration/Packet Pickup opens
- 12:00 pm** Costume Contest
- 1:00 pm** On-site Registration for race/Packet Pickup close
- 1:15 pm** Raffle/Auction Closes
- 1:30 pm** 5k Starts
- 1:35 pm** 1 Mile Run/Walk Starts
- 2:40 pm** Awards Begin (This time is approximate)
- 3:00 pm** PLUNGE Line Up
- 3:05 pm** PLUNGE



## Fees to Participate

- Plunge Only..... \$30**
- 5K Run Only ..... \$30**
- Mile Fun Run/Walk. .... \$30(All-Abilities)**
- Combo.....\$40**
- Combo includes Plunge and 5K or 1 Mile Run**

**\*\*prices will be raised on January 4th\*\***

## The more money you raise, the better the prize!

**Each family is encouraged to raise at least \$100 to help maintain free programming!**

Each participant will be eligible for prizes based on the amount of money they have personally raised.

- **\$150 - \$200:** Polar Plunge long sleeve shirt and event t shirt!
- **\$200 - \$500:** Polar Plunge sweatshirt, event t shirt and long sleeve shirt!
- **\$500 and above:** Incentives to be announced!

Please register at [www.specialolympicsnhc.com](http://www.specialolympicsnhc.com)

If you have any questions, please call 910-341-7253 or email [brooke.deamaral@wilmingtonnc.gov](mailto:brooke.deamaral@wilmingtonnc.gov)