# Special Olympics 2024 Spring Sports

# **Our Spring Sports**

Spring sports start in late February and go through end of May

# **TRACK & FIELD (Starting February 26th)**

Mondays 6:00pm-7:00pm at UNCW Track 801 Hamilton Dr.

## **VOLLEYBALL** (Starting February 26th)

Mondays 6:00pm -7:00pm at EC Volleyball Academy 4608 Coddington Loop

#### SWIMMING FULL

**BASKETBALL** (Starting February 28th)

Wednesday 6:00pm-7:00pm (3v3) & 7:00pm-8:00pm (5v5) at Grace United Methodist Church (401 Grace St.)

#### **BOWLING** (Starting February 28th)

Wednesday - 22 years and over 2:30pm-4:00pm/ 22 and under 4:00pm-5:30pm at Cardinal Lanes Beach Bowl

# **CHEERLEADING** (continuing January 4th)

Thursdays 6:00pm-7:00pm at Covenant Church 210 Station Road

### **POWERLIFTING Date and Time TBD**

**GYMNASTICS** Females class full, limited spots in males class

Special Olympics provides sports programming and other social events for children and adults with intellectual disabilities at no cost to the athletes.

Contact Brooke DeAmaral at 910.341.7253 or brooke.deamaral@wilmingtonnc.gov with any questions





Special Olympics athletes get continuing opportunities, to develop physical fitness, demonstrate courage, experience joy and participate in a sharing of gifts, skills and friendship with their families, other Special Olympics athletes and the community.